Dear Members,

I was given permission by Mark to share his wonderful testimony of making 70-80% gains in Forex Trading while using a combination of listening to his Eternal Life Album and following my Manifestation Practice guidelines.

He has created a modified version of my manifestation principles as they directly apply to doing one specific thing, which was in this case making a Forex Trade.

I would like to share these words from Mark about the real meaning of the Process that each person goes through in Manifestation.

The amazing thing for me is that this could be used as a realtime feedback tool (for those who would like to experiment) to grow the "courage of their convictions" so to speak. It acts as a good manifestation barometer on our journey to know ourselves. Every time you make a trade (small trade) it is like there is a tinny manifestation lesson/opportunity in the making. And it's up to each individuals choice to move on to higher grade lessons (from free credits/money, small trades, to larger trades). To me it is not about climbing the ladder, but when more stuff/issues/emotions/ego/etc is triggered, the opportunity for growth arises. The pass rate /validation can/should only be profitability/attaining higher mind direct mind cognition. With regard to the manifestation practice above, I would like to share something on our manifestation practice that we decided to see how things go while forex trading. Having stopped about a year ago, due to not being successful, we decided about a week ago to practice our manifestation techniques using the online trading platform again.

(I our case we used C Trader in fxpro.co.uk , where it is possible to open a free trial account as well)(I don't recommend in using real money until you have more than enough experience, but on the other hand I found that I experienced a very different level of feedback when using real money)

Below please find an outline of the process I use before and while trading (manifestation technique practice):

- Start by listening to your eternal life music and tune into frequencies for a few minutes
- Breath in the frequencies from the crystal heart area and then gently breath it out through every cell in my body and add an affirmation to bring you into the now and to manifest the profitable trading you
- While listening to the frequencies, open trading platform online and switch off all the 3D trading tools and indicators, to only see a pure as possible graph (iow try remove all 3d influences)
- Look at the graph in front of you and become aware of how you feel ...before it goes up or down...while it goes up or down....feel all these feelings in the now....notice if it is the 3d or 5th dimensional mind...remove all attachment (engage with detachment)...just be aware... try to sense/feel which way the graph is going to go (i visualise and turn the graph 90deg's as a line that moves on a horizontal plain or as a scale gently shifting from side to side of it centre)
- Become aware of the reflection of your self on your desktop/laptop screen
- See your reflection of your self in the screen/mirror as being being behind the screen

- See and feel yourself reflection as being your new probable self as a successful profitable self(trader) with all the life style things that go with it
- Connect a frequency stream through your crystal heart through the screen to the crystal heart of the other you
- Use the crystal stream to pull YOU (this side and the other side) together (inline with the screen) and hug appreciatively in knowing andswop yourselves and pop through
- You are now this new successful profitable probable self sitting facing the screen
- When you have the IDEA where the graph is going to move to (an actual number rather than a direction)(it may flash for a brief second into you as feeling of knowing)ACTION the buy or sell and set the take profit to the IDEA (number that came to you) and...trust, know , feel, see..that it will/has/isbecause its from your higher 5th dimensional mind/self that made the trade (only set one trade at a time and wait for it to close profitably)(always set a "stop loss" when trading with real money)
- try not close the trade physically i.e. clicking with your mouse...i feel this is usually 3D mind response (believe me you will be very tempted) wait for the trade to close profitable...be aware of all you emotional response/images/thoughts in your body (there will be lots)...just let it go....and re experience/trust fully the qualities of new successful profitable probable self

So far (last three days) I have been 70-80% successful.

To get back to the original post about how you feel when you are listening to the music and not, I found that when ever I left the trade open because I had leave for a meeting or something and switch off the music, that "the stop loss" would be triggered a short while afterwards. To me this is another way how the frequencies affect our reality. (or it could something to work on)

The amazing thing for me is that this could be used as a realtime feedback tool (for those who would like to experiment) to grow the "courage of their convictions" so to speak. It acts as a good manifestation barometer on our journey to know ourselves. Every time you make a trade (small trade) it is like there is a tinny manifestation lesson/opportunity in the making. And it's up to each individuals choice to move on to higher grade lessons (from free credits/money, small trades, to larger trades). To me it is not about climbing the ladder, but when more stuff/issues/emotions/ego/etc is triggered, the opportunity for growth arises. The pass rate /validation can/should only be profitability/attaining higher mind direct mind cognition.

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